

## **Come Try It – Synchronized Skating Workshop**

Join us for a fun-filled introduction to the exciting world of **Synchronized Skating**! This workshop is perfect for kids who love skating, music, teamwork, and making new friends.

### **What is Synchronized Skating?**

Synchronized Skating is an exciting, team-based discipline of figure skating where a group of skaters work together to perform connected elements, move in unison, and showcase strong individual skills such as turns, edges, spins, and jumps. It's a fantastic opportunity for your skater to try something new, share the ice with friends, build teamwork, strengthen their skating skills, develop musicality, and—most importantly—have fun!

### **What to Expect at the Workshop:**

Our try-it session will give skaters a short introduction to synchronized skating. They'll hop on the ice to learn the basics of skating *together*—creating different shapes, exploring side-by-side and connected skating, and moving in unison while dancing to music. Skaters will experience the feeling of working in sync with others and try basic formations such as lines, wheels, and circles. All the while, they'll be building trust, rhythm, and a whole lot of laughter.

### **Why Team Sports Like Synchro Matter:**

- **Teamwork & Friendship** – Skaters learn how to work towards a shared goal while building strong bonds that can last a lifetime.
- **Confidence & Resilience** – Every practice and performance builds self-esteem and teaches perseverance.
- **Creativity & Expression** – From formations to music interpretation, skaters get to tell a story together on the ice.
- **A Place for Everyone** – Whether you're shy or outgoing, synchro is about belonging to something bigger than yourself.

### **This Year's Special Twist:**

Our Learn-to-Synchro program will create a routine to perform in our **biennial Ice Show in March**, giving skaters a chance to showcase their new skills in front of family and friends—an unforgettable experience!

Come join us, try something new, and see the magic of skating together!